

Coronavirus Actions Timeline

Version 1.4 | Last updated: May 11th 2020

This timeline records key actions we have taken in response to the Coronavirus risk and will be updated and shared on our website by OURMALA's Coronavirus Response Team if there are any significant updates.

March 10th

- Packs of antiseptic and antibacterial resourced at night for distribution the next day at all our classes
- Coronavirus response team established:
 We wanted to make sure we could respond most efficiently and effectively to developments concerning the virus.
 We also wanted to make sure different voices in our organisation were involved in our decision-making. You can read who is in this team, the purpose and what we're doing in our *Coronavirus Response Plan*.

March 11th

- Coronavirus updates begin to keep in touch with all our team:
 This is a two-way process. We endeavour to keep all our team updated at every stage of our response and also listen to all their views and experience to inform our response.
- First members from Yoga and Volunteer teams join Coronavirus response team
- Packs assembled and delivery starts
- Register opened to record all yoga teachers who may lose out on freelance pay, in case this might help them claim compensation in the future

March 12th

- OURMALA closes all Yoga and English programmes and other support for our refugee and asylum-seeking beneficiaries early for Easter

March 16th

- All office staff start working from home with a view to this being for a month initially

March 17th

- Coronavirus Response Plan published on our website so everyone in our community can be clear on what we will do if any of our beneficiaries or team are diagnosed with the virus plus other key facts

March 18th:

- First yoga class held online for bereaved and direct survivors of the Grenfell Tower fire

March 19th:

- Transition began to move our yoga programme online and offer yoga classes online to the wider community

March 20th

- Online yoga classes offered to all our partner centres, where we usually provide yoga in-person

March 22nd

- Calling began to all refugee and asylum-seeking beneficiaries who attend our yoga programmes in the community (at Hackney City Farm and yoga centres in Euston, Soho and South Kensington) to see if they can / would like to attend

yoga online.

March 24rd

- First yoga class held online for our refugee and asylum-seeking beneficiaires
- Launched soothing yoga classes online for workplaces / teams working at home as well as individuals (public classes).

March 31st

- We continued transitioning our classes with partner organisations online.
- Continued calling the beneficiaries on our waitlist and all new referrals, inviting them to join our online community classes.
- Continued holding our community classes online
- Continued our soothing yoga classes for the general public

w/s April 6th

- Continuation of:
 - community classes held online for refugees and asylum-seekers and Grenfell United
 - soothing yoga classes online for the general public
 - yoga classes online with one of our partners, Helen Bamber Foundation

w/s April 13th

- COVID RESPONSE PROJECT was given the go ahead.
 - This project will aim to get food vouchers and other essential products to refugees and asylum-seekers in the Greater London area, who attend our community programmes.
 - Project planning was completed and potential collaborators were approached for practical support and funds.
- GRENFELL COMMUNITY: we agreed with the NHS that under our existing 16-month contract to deliver traumainformed yoga to survivors and bereaved of the Grenfell Tower fire, who are part of the Grenfell United group, we would provide access to different trauma-informed yoga classes to other survivors and bereaved in the community.

w/s April 20th

- COVID RESPONSE PROJECT (re-named COVID EMERGENCY CAMPAIGN) launched, and raised nearly £2000 in the first 24hrs.
- Continuation of:
 - community classes held online for refugees and asylum-seekers and Grenfell United
 - soothing yoga classes online for the general public
 - yoga classes online with one of our partners, Helen Bamber Foundation

w/s April 27th

- Began yoga classes online with one of our partners, Newman Catholic College
- Continuation of:
 - community classes held online for refugees and asylum-seekers and Grenfell United
 - soothing yoga classes online for the general public

- yoga classes online with one of our partners, Helen Bamber Foundation

w/s May 4th

The Covid 19 Emergency Response Campaign has now raised £3,919 with the support of 121 supporters. Behind the scenes, we have been mapping our beneficiaires so we know where everyone lives. Our next steps including contacting beneficiaries to check their addresses are correct and recruiting volunteers to deliver food vouchers and hand sanitisers in-person. We are just about to see whether supermarkets will give us discounted vouchers so if you are reading this and have any senior contacts in the supermarket world, please contact us at rosie@ourmala.com

w/s May 11th

- Continuation of:
 - community classes held online for refugees and asylum-seekers and Grenfell United
 - soothing yoga classes online for the general public
- The Covid 19 Emergency Response Campaign has now raised £4,743 with the support of 129 supporters.

Background

At OURMALA, the safety and health of our people always comes first. This includes those our charity exists to support, people who are seeking asylum or have refugee status (our beneficiaires) as well as our volunteers, staff, partners and colleagues and friends in our community and other groups we serve, such as survivors and directly bereaved members of the Grenfell Tower community.

For the purpose of this timeline, 'team' refers to the 81 people working with OURMALA: paid staff, freelancers, volunteers and trustees. 'Beneficiaires' refers to the definition above.

To read more about our response in the context of our work, please see the <u>blog</u> on our website. You may also be interested in our *Coronavirus Response Plan*, which you can find on our website: https://www.ourmala.com/coronavirus-response/.

OURMALA is committed to taking all actions necessary to prioritise the safety and health of our beneficiaries and team, to transparency and to delivering our charitable objectives to the best of our ability throughout the time we are also responding to the Coronavirus risk.

We aim to resume delivery of our usual charitable activities as soon as we are confident it is right to do so. Meanwhile, we will draw upon the resourcefulness, experience and good spirit of our team to support our beneficiaries and one another.

[End]